

Tuna & Noodles with Alfredo Buds® & Cheddar Buds®

Group: Entrees

Number of Portions: 48

Size of Portions: 1 Cup

INGREDIENTS

MEASURE

Buttermist® Pan & Food Spray

Water

3 Gallons

Egg Noodles

48 oz.

Cheddar Buds, Dry

1 1/3 Cup

Hot Tap Water

4 Cups

Celery, Chopped

2 Cups

Onion, Chopped

2 Cups

Alfredo Buds, Dry

3 1/3 Cups

Hot Tap Water

10 Cups

Pepper

2 tsp.

Parsley

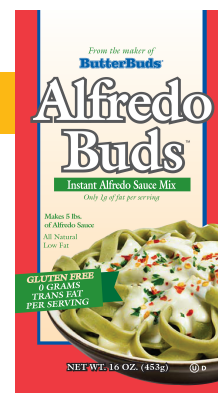
1/2 Cup

Tuna, Canned in Water

120 oz.

Lemon Juice

3/4 Cup



PREPARATIONS

Spray 3 half size steam table pans with Buttermist.

Heat water to a rolling boil. Cook noodles according to package directions. Drain well. Set aside.

In a large sauce pan, mix Cheddar Buds with hot tap water. Whisk to reconstitute. Add chopped celery and onions to Cheddar Buds sauce. Cook over medium heat for 5-6 minutes. Do not boil.

In a large bowl, mix Alfredo Buds with hot tap water. Whisk to reconstitute. Add pepper and parsley.

Add Cheddar Buds to Alfredo Buds. Stir to blend.

Add cooked noodles, tuna and lemon juice to sauce mixture. Stir gently to combine.

Pour into prepared pans. Hold at temperature for serving.

Nutritional Information

Nutrients are based upon 1 Portion Size: 1 Cup

Calories	231 kcal	Cholesterol	50.68 mg	Protein	22.30 g	Calcium	33.57 mg	10.64% Calories from Total Fat
Total Fat	2.73 g	Sodium	535.15 mg	Vitamin A	19.61 RE	Iron	2.31 mg	2.04% Calories from Saturated Fat
Saturated Fat	0.52 g	Carbohydrate	28.28 g	Vitamin A	82.64 IU	Water¹	321.90 g	0.00%* Calories from Trans Fat
Trans Fat¹	0.00 g	Dietary Fiber	1.23 g	Vitamin C	1.88 mg	Ash¹	0.73 g	48.98% Calories from Carbohydrates
								38.62% Calories from Protein

Allergens

Contains milk

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

- denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes optional nutrient values



HACCP Process: #2 Same Day Service

6.4.2015