

# Alfredo Florentine with Alfredo Buds®

**Group: Pasta Side**

Number of portions: 90

Size of portions: 6 oz.

## INGREDIENTS

## MEASURE

Buttermist® Food & Pan Spray

Fettuccini Pasta

Alfredo Buds, Dry

Hot Tap Water

Parmesan Cheese

Raw Spinach

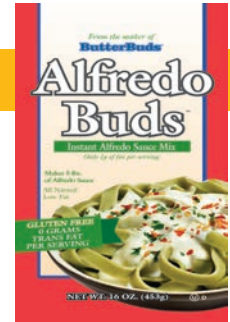
6 lb.

6 2/3 Cups

4 qt.

6 Cups

6 lb.



## PREPARATIONS

Spray 2 full pans with Buttermist.

Cook fettuccini according to package directions and drain. Pour half into each prepared full pan.

Mix hot tap water with Alfredo Buds and whisk together.

Add parmesan cheese and spinach. Stir to blend.

Pour half of Alfredo Sauce over each pan of pasta.

Heat to temperature for serving.

## Nutritional Information

Nutrients are based upon 1 Portion Size (1/2 Cup)

<b>Calories</b>	194 kcal	<b>Cholesterol</b>	8.83 mg	<b>Protein</b>	8.35 g	<b>Calcium</b>	115.80mg	15.82% Calories from Total Fat
<b>Total Fat</b>	3.41 g	<b>Sodium</b>	515.13 mcg	<b>Vitamin A</b>	214.74 RE	<b>Iron</b>	2.222mg	6.14% Calories from Saturated Fat
<b>Saturated Fat</b>	1.32 g	<b>Carbohydrate</b>	32.29 g	<b>Vitamin A</b>	2893.22 IU	<b>Water<sup>1</sup></b>	*171.12* g	*0.00%* Calories from Trans Fat
<b>Trans Fat<sup>1</sup></b>	*0.00 g	<b>Dietary Fiber</b>	2.16 g	<b>Vitamin C</b>	*8.50 mg	<b>Ash<sup>1</sup></b>	*1.10* g	66.64% Calories from Carbohydrates
								17.23% Calories from Protein

### Allergens

Contains milk

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - denotes optional nutrient values



HACCP Process: #2 Same Day Service

11.5.14