

Buttered Carrots

with Butter Buds®

Group: Vegetable

Number of Portions: 100

Size of Portions: 1/2 Cup



INGREDIENTS

Frozen Carrots
Butter Buds, Dry
 Hot Tap Water
Buttermist®, Food & Pan Spray

MEASURE

20 lb.
 4 oz. (1 1/4 Cup)
 1 qt.

PREPARATIONS

Cook frozen carrots using preferred method and drain off any liquid.

Pour into two full pans sprayed with Buttermist.

Add dry Butter Buds to hot tap water; whisk to reconstitute. Pour over cooked/drained carrots and heat to temperature. Hold for serving.

Nutritional Information

Nutrients are based upon 1 Portion Size: 1/2 Cup

Calories	39 kcal	Cholesterol	0.00 mg	Protein	0.71 g	Calcium	32.94 mg	9.72% Calories from Total Fat
Total Fat	0.42 g	Sodium	106.97 mg	Vitamin A	1930.49 g	Iron	0.40 mg	0.99% Calories from Saturated Fat
Saturated Fat	0.04 g	Carbohydrate	8.37 g	Vitamin A1	2891.08 IU	Water ¹	91.15 g	0.00%* Calories from Trans Fat
Trans Fat ¹	*0.00* g	Dietary Fiber	17.99 g	Vitamin C	2.27 mg	Ash ¹	0.76 g	86.57% Calories from Carbohydrates
								7.32% Calories from Protein

Allergens

Contains milk

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes optional nutrient values



HACCP Process: #2 Same Day Service

11.5.14