

Buttered Cauliflower Cuts

with **Butter Buds**[®]

Group: Vegetables

Number of Portions: 200

Size of Portions: 1/2 Cup



INGREDIENTS

MEASURE

Cauliflower Cuts	20 lb.
Butter Buds , Dry	4 oz.
Hot Tap Water	1 qt.

PREPARATIONS

Cook cauliflower according to directions on package. Drain well. Keep Warm.

Mix Butter Buds with hot tap water with a whisk to reconstitute. Pour over cooked vegetables. Hold at temperature for serving.

Note: Yield 5 cups cauliflower per pound of cuts = 10 half cup servings per pound.

Nutritional Information

Nutrients are based upon 1 Portion Size: 1/2 Cup

Calories	14 kcal	Cholesterol	0.00 mg	Protein	0.91 g	Calcium	10.12 mg	8.03% Calories from Total Fat
Total Fat	0.12 g	Sodium	32.29 mg	Vitamin A	1.36 RE	Iron	0.24 mg	1.22% Calories from Saturated Fat
Saturated Fat	0.02 g	Carbohydrate	2.69 g	Vitamin A	5.44 IU	Water ¹	46.70 g	0.00%* Calories from Trans Fat
Trans Fat ¹	0.00 g	Dietary Fiber	8.13 g	Vitamin C	22.14 mg	Ash ¹	0.25 g	78.41% Calories from Carbohydrates
								26.58% Calories from Protein

Allergens

Contains milk

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes optional nutrient values

