

Eggs Benedict Casserole with Butter Buds[®]

Group: Breakfast

Number of Portions: 48 **Size of Portions: 3"x3"**



INGREDIENTS

MEASURE

Canadian Bacon	48 oz.
English Muffins	24 Muffins
Large Eggs	32
2% Milk	8 Cups
Onion Powder	4 tsp.
Paprika	1 tsp.
Egg Yolks	16
Whipping Cream	2 Cups
Lemon Juice	1/2 Cup
Dijon Mustard	4 tsp.
Hot Tap Water	2 Cups
Butter Buds, Dry	2/3 Cup

PREPARATIONS

Spray 2" deep full size hotel pan with Buttermist. Chop Canadian Bacon and place half in the bottom of the prepared pan. Split and cut English Muffins into 1" pieces. Sprinkle over Canadian Bacon. Top with remaining Canadian Bacon.

Whisk together eggs, milk and onion powder in a large bowl. Pour over casserole. Cover and refrigerate overnight.

Preheat convection oven to 350°F. Remove casserole from refrigerator while oven heats. Sprinkle top with paprika. Bake covered for 35 minutes. Uncover and bake for 10 minutes or until a knife inserted near the center comes out clean. Note: if using conventional oven, set temperature to 375°F.

Combine hot tap water with dry Butter Buds. Whisk to reconstitute. In top of a double boiler over simmering water, whisk egg yolks, cream, lemon juice and mustard until blended. Cook until mixture is just thick enough to coat a metal spoon and temperature reached 160°F, whisking constantly. Reduce heat to very low. Very slowly drizzle in warm Butter Buds sauce, whisking constantly. Serve Hollandaise Sauce (2 Tbsp. per serving) with each 3"x3" square.

Nutritional Information

Nutrients are based upon 1 Portion Size (3"x3" plus 2 Tbsp. sauce)

Calories	231 kcal	Cholesterol	217.32 mg	Protein	15.57 g	Calcium	169.97 mg	43.29% Calories from Total Fat
Total Fat	11.11g	Sodium	468.55mg	Vitamin A	164.64 RE	Iron	1.76mg	19.45% Calories from Saturated Fat
Saturated Fat	4.99 g	Carbohydrate	18.19 g	Vitamin A	510.16 IU	Water¹	97.66* g	0.00%* Calories from Trans Fat
Trans Fat¹	*0.00 g	Dietary Fiber	18.93 g	Vitamin C	1.17 mg	Ash¹	1.73* g	31.51% Calories from Carbohydrates
								26.98% Calories from Protein

Allergens

Contains milk

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
¹ - denotes optional nutrient values

